

## Dr. Schär: Going Beyond the Food

Dr. Schär is an Italian family-owned company with deep roots in the South Tyrol region of Italy. We have been making gluten-free food for over 30 years. Our mission is to improve the lives of people with celiac disease and gluten-related intolerances through education, innovative product development, and strong connections with our consumers.

Schär gluten-free foods are produced in dedicated gluten-free facilities, where every ingredient is tested for gluten multiple times throughout the production process. Given the nutritional challenges that many following a gluten-free diet face, we hold ourselves to a higher standard. We grow many of our own grains to produce high quality foods that are non-GMO and free from artificial colors, flavors, and preservatives. We are also committed to reducing sugar, salt, and saturated fat in our food, in addition to improving fiber content and including more whole grains.

Our international team of dietitians supports healthcare professionals via evidence-based resources, continuing education opportunities, and communications to our highly engaged community. We are also proud to provide financial support for research initiatives specific to our core targets: celiac disease, gluten sensitivity, and irritable bowel syndrome.



All of our educational resources can be viewed on the [Dr. Schär Institute](#). If you have any questions about events, research, or our foods, please contact us at [us.medaffairs@drschar.com](mailto:us.medaffairs@drschar.com).